

## Violence Against Women Counselling



This program is a free culturally appropriate counselling, support, and referral services for women and their dependents who have experienced historic or current gender-based violence by their partners or significant others (including caregivers, family, or household members). The service aims to increase the safety of women, (and their dependents), by helping them be aware of their rights and develop strategies to live free from abuse.



In-person, telephone, or virtual services include:

- Crisis counselling for short-term goals, including the development of safety strategies
- Information sharing and advocacy on rights, options, and available services
- Referrals to appropriate services

Learn more about this program mytropicana.ca/VAWC



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