



# Preparation for Integrated Employment Services (IES)



## Prep IES

A Free 4-week Program to help you get job-ready

## Who It's For

Racialized youth ages 18-29 who are:

- New to the workforce
- Unemployed for 6 months
- Looking to build confidence and job readiness skills

## What You'll Learn

- How to manage emotions and workplace conflict
- Professional communication and teamwork
- Problem-solving and ethical decision-making
- Goal setting and career planning
- One-on-one coaching available

## Program Details

- **Location:** 505 Consumers Road, Suite 102, North York, ON
- **Time:** 10:00 a.m. to 3:00 p.m.
- **Space:** 20 participants per session
- **Cost:** FREE

## Upcoming Sessions

- October 27 to November 21, 2025

## Why Join

This program helps you build the confidence, skills and mindset needed to succeed in the workplace, then connects you directly to Tropicana's Integrated Employment Services (IES) for job support.

To learn more or to register for this program, go to [MyTropicana.ca/prepies](https://MyTropicana.ca/prepies)

