

# SNAP® BACK



Tropicana Community Services' SNAP® BACK (Stop Now and Plan for Black, African & Caribbean Kids) program supports Black, African, and Caribbean children, ages 6–11, struggling with behavioural issues, emotional regulation, self-control, and problem-solving. The program also assists parents with strategies to support and build stronger relationships with their children.

Tropicana works with each family to assess challenges and develop action plans to prevent future anti-social behaviour and reduce the chances of conflict.

## About the Program

- Culturally appropriate.
- Individual and family counselling addresses experiences, stressors, and challenges, including anti-Black racism.
- Crisis intervention, 13-week SNAP® BACK
- Children Groups, 13-week SNAP® BACK
- Parenting Group, School advocacy and educator support,
- Support and accompaniment to navigate systems
- Information sharing and advocacy on rights, options, and available services

## Eligibility

- Participants must identify as Black and be aged 6 to 11

To learn more or to apply for this program, go to [mytropicana.ca/SNAP](https://mytropicana.ca/SNAP)



Funded by